

# JOY MAMEY

**Improv Comedy, Theatre, and Meditation Teacher**

**Website:** [www.joymamey.com/teaching](http://www.joymamey.com/teaching)

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## MY PHILOSOPHY:

***"Everything you do is right - now let's make what you do even better."***

With my 15+ years experience improvising, I strive to make sure my students receive positive reinforcement while pushing them to do their very best and most specific work. I teach confidence, collaboration, and how to make choices quickly- Ideal for actors trying to book commercials or corporate office training. Improv with me is, quite frankly, a blast. For more on my teaching, read my blog: Today is the Day.

## WORK-RELATED SKILLS

- Typing Speed: 94 WPM
- Childcare
- Guided Meditation
- Confidence Workshops
- Organization and Lesson Planning
- Active Listening
- Public Relations
- Graphic Design & Marketing
- Positive Reinforcement

## TESTIMONIALS

*"Joy is seriously one of the best improv teachers I've ever had. She creates an awesome supportive environment while really getting to business. If you want a great energetic class, take it with Joy!" - Cathy S, student*

*"It was a lot of fun and would recommend any company to use [Joy] to teach employees these important skills." - Employee at The Search Agency*



## TEACHING HISTORY & CLIENTS

### **Outschool.com**

Improv and Joke Writing Classes, ages 8-18

### **The Girl Scouts of America**

Corporate improv workshop on how to collaborate.

### **The Search Agency**

Corporate ad agency improv workshop on how to speak with clients

### **ComedySportz Los Angeles**

Improv Basics & Characters for adults 18+  
ComedySportz High School League, ages 13-17  
ComedySportz Camp  
GameCon Teacher

### **Rogue Improv**

Multiple improv workshops for adults.

### **Drama Maniacs**

Children's musical theatre teacher at Los Angeles Unified School Districts, 2nd-6th Graders from Valley View Elementary School, Lincoln Elementary, Dahlia Heights Elementary

## EDUCATION & TRAINING

### **Loyola Marymount University**

Class of 2013: Bachelors of the Arts in Theatre

**The Second City Hollywood:** Conservatory; Writing for Late Night TV

**Keep It Real Acting Studios:** Judy Kain, Tom Burke, Paul Hungerford, Stacy Edwards

### **Sam Christensen Studios**

**Impro Studio Theatre:** Jo McGinley, Nick Massou, Brian Lohmann

### **Upright Citizens Brigade (UCB)**

**iO West:** Improv & Sketch writing graduate

**Groundlings:** Guy Stevenson

### **Flintridge Sacred Heart Academy**

Class of 2009: High School Diploma

## OTHER INTERESTS

During my spare time, I like to sing, play guitar and ukulele, paint, and watch cartoons! I'm a cancer survivor and activist.